Information-Guideline of 11th National Yog Sports Championship

(1) **Event:** 11th National Yog Sports Championship.

(2) **Host Unit:** Madhya Pradesh Yoga Association.

(3) **Date:** 10th to 12th July 2026 (Friday; Saturday; Sunday).

(4) **Venue:** The information about the venue of the C`ship will give through whatsapp.

(5) **Arrival of Participants:** Thursday, 09th July 2026; After 16:00 hrs.

(6) **Reception:** The information about the reception will give through whatsapp.

(7) **Opening Ceremony:** Friday, 10th July 2026 at 10:00 hrs.

(8) **Closing Ceremony:** Sunday, 12th July 2026 at 14:30 hrs.

(9) **Departure of Participants:** Sunday, 12th July 2026 upto 20:00 hrs.

(10) **Championship will be held in following categories:**

Male	Female
(1) Mini (Above 6 Yr/Below 10 Yr)	(1) Mini (Above 6 Yr/Below 10 Yr)
(2) Sub Junior (Above 10 Yr/Below 14 Yr)	(2) Sub Junior (Above 10 Yr/Below 14 Yr)
(3) Junior (Above 14 Yr/Below 18 Yr)	(3) Junior (Above 14 Yr/Below 18 Yr)
(4) Senior (Above 18 Yr/Below 30 Yr)	(4) Senior (Above 18 Yr/Below 30 Yr)

(11) **Composition of respective teams:** There will be 05 players in each group for the team championship and a maximum of 03 players in each group for the individual competition, along with 01 men's coach, 01 women's coach, and 01 team manager.

(12) **Team Championship** will be conducted as per WYSF India Yog Sports Federation championship rules and regulations, detailed available on WYSF INDIA official website www.yogsports.com.

(13) **Individual Competition** will be conducted as per World Yogasana Sports Federation (WYSF) competition rules and posture guidelines, detailed available on WYSF official website www.yogasanasports.org.

(14) **Players Registration and Entry fee:**

Players registration fees	: 500/- Rs. each participant
Entry fees	: 1000/- Rs. each participant

(15) **Player Registration:** Registration of participants participating in the championship will be accepted online only through the State/Unit Secretary/Co-ordinator with a registration fee of Rs. 500/- each participant on the official website of WYSF INDIA i.e. www.yogsports.com from 15.06.2026 to 30.06.2026. All fees once paid will not be refundable for any reasons whatsoever. Only double payment/wrong credit will be considered for refund after request and deducting the bank charges.

(16) **All the Managers** of the participating units are requested to submit the **Registration and Entry Form along with Entry Fees** to the office of WYSF INDIA on the evening of 09th July 2026 (18:00 hrs to 20:00 hrs), Without clearing the dues, no team will be allowed to participate in the championship. Entries of the team should be submitted along with the forwarding letter on the letter pad of the participating unit with proper seal and signature of the Secretary/Coordinator along with aadhaar card and two photos (3.5x4.5 cm).

(17) **Boarding & Lodging:** Boarding and lodging will be provided by the host unit, male and female team members will be accommodated separately. All participants will have to bring their own locks, bedding and other personal requirements. Food from morning of 10th July upto 12th July 2026 will be provided. Travelling allowance of the players and officials will be borne by their respective State/Unit`s Associations. Only the players and officials will be entitled for boarding and lodging. **Entry of parents and guardians to the championship venue will be strictly prohibited.**

(18) **Age of Proof:** For age proof, attested photo copy of aadhaar card will have to be produced along with the registration form. The candidates should have original aadhaar card with them so as to produce the same in case of any protest against them. Nobody will be allowed to participate without aadhaar card. The age of the competitors will be calculated on the basis of 31/07/2026.

(19) **Enclosure:** All Registration and Entry Form, WYSF INDIA and WYSF championship rules & regulations and posture guidelines.

(20) **For more information** regarding championship, please contact Mr. Rohit Bajpai on mobile number 6265560278.

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